

the inside track

December 2001 - January 2002

A PUBLICATION OF THE FORT WAYNE TRACK CLUB



HAPPY



HOLIDAYS

Check out our web site at www.fwtc.org

2002 Fort Wayne Track Club Officers and Board Members

OFFICERS

President	William Harris	(219) 485-9805	bharr2000@aol.com
Vice-President	Vern Ceder	(219) 745-4295	vceder@fwtc.org
Secretary	Vincent & Carol Garcia	(219) 489-6134	garcia,vincent@marion-in.va.gov
Treasurer	Don Lindley	(219) 432-5998	lindleyd@fortwayne.infi.net

FWTC BOARD MEMBERS

Donald A Anderson	489-5225	
Lynn E Armstrong	486-3971	learnstrong77@home.com
William A Crane	268-1007	wcrane77@hotmail.com
Katie Creighton	637-1102	kcreighton@cailetburyschool.org
Jerry Diehl	492-7924	diehl@ipfw.edu
Michael Fruchey	627-5147	michael.fruchey@prodigy.net
Alan Gilbert	433-7728	albert04@aol.com
Linda Gorman	478-4573	gormlk@aol.com
John E Hilker	432-2933	
Stephen M Hilker	747-7186	shilker@pleez.net
James P Jones	745-9724	Fax 745-7339
Sarah Kleinknight	456-3261	skleinknight@fssa.state.in.us
Paul Knott	485-1917	pknott@edglo.com
Tom Landis	693-3526	tg541t@email.msn.com
Julie McNulty	483-3830	sj.mcnulty@prodigy
Jeffrey Milleman	490-9626	millemandds.aol.com
Kim Milleman	490-9626	millemandds.aol.com
Joseph Nayarkas	422-4451	
Barrie Peterson	637-5717	barrie@fwi.com
Bill Schmidt	485-1114	rvschmidt@fwi.com
Marsha Schmidt	485-1114	rvschmidt@fwi.com
Bill Sohaski	749-5081	sohaski@aol.com
Sam Stephens	471-1688	
Phillip J Suelzer	486-1745	ppjjsuel@aol.com
Brad A Thomas	637-6008	bigh1130@aol.com
Judy Tillapaugh	456-3277	tillapau@ipfw.edu
Laurie Whisler	486-8056	
Roger L Wilson	485-6119	

Newsletter

Editor - Linda Ianucilli
(219) 489-4176

Membership Coordinators

Don Lindley (219) 432-5998

Equipment Coordinators

JP Jones (219) 745-7339
Don Lindley (219) 432-5998
Paul Knott (219) 485-1917

FWTC INFORMATION

FWTC Mailing Address: Fort Wayne Track Club, PO Box 11703,
Fort Wayne, IN 46860-1703

FWTC Telephone Number: 436-2234

The FWTC is a member of the RRCA, Club #23 - USATF Club #45

Membership Dues

There is a membership application in this newsletter. If your mailing label says, "Exp Dec 01, it means that your dues will expire December 31, 2001. A notice will be sent out to you if you do not pay early. Pay for three years and save! Remember your dues is what keeps the club running.

Check out our web site at www.fwtc.org



2002 Awards Banquet

Sunday, February 10, 2002
Walb Ballroom, IPFW Campus

Social time - 5:00 pm
Dinner - 5:30 pm
Awards - 6:00 pm

Please join us at this years FWTC banquet!
 The doors open at 5:00 for time to visit and catch up with good friends.
 Watch the mail for more details and invitations with RSVP.

We are interested in putting together a slide show showcasing area running events.
 If you have any race photos you would like to share, please mail them to us and they
 will be returned at the banquet.

Jeff & Kim Milleman
10910 Sherrelwood Court
Fort Wayne, IN. 46845
home: 219-490-9626 work: 219-470-9988
millemandds@aol.com

FORT WAYNE TRACK CLUB
MEANS "VOLUNTEERS"

Please indicate your areas of interests.

- OFFICER
 - President
 - Vice President
 - Secretary
 - Treasurer
- RACE DIRECTOR
 - Major Race
 - Fanny Freezer
 - Fun Run
 - Training run
- ASSISTANT RACE DIRECTOR
- EQUIPMENT COORDINATOR
 - Monitor Maintenance of Equipment
- RACE SCHEDULE COORDINATOR
- RACE WALKING COORDINATOR
- MEMBERSHIP
- BOARD MEMBER
- FINISH LINES
 - Timer
 - Results

- COURSE TIMER
 - WATER STATIONS
 - MEASURE & SET UP COURSE
 - Certified
 - Uncertified
 - CO-ORDINATE CLUB TRIP RACE
 - Carpool
 - Transportation for Handicapped Runners
 - NEWSLETTER
 - Editor
 - Race Applications
 - Mailing
 - Advertising Coordinator
 - Businesses
 - Typing race results
 - FWTC BANQUET
 - Decorations
 - Program
 - FWTC PICNICS
 - ADVERTISING - Obtaining Potential Race Sponsors
 - PUBLICITY COORDINATOR
 - Send weekly schedules to newspapers
 - ANYWHERE NEEDED
 - OTHER (Specify) _____
- SHOW YOUR SUPPORT FOR YOUR FORT WAYNE TRACK CLUB

**LAKE FRONT MARATHON - MILWAUKEE WS
OCTOBER 14, 2001**

	13.1 Split	20M Split	Chip Time	Pace
630. LON BRAUN	1:52:24	2:55:15	4:06:46	9:25
637. WILLIAM HARRIS	1:55:38	3:01:23	4:06:54	9:27
760. RICK EVANS	1:56:11	3:06:16	4:21:31	9:59
769. PATRICK RYAN	1:51:47	2:56:55	4:22:43	10:02

**DANCES WITH DIRT 50 MILE - HELL, MI
SEPTEMBER 9, 2001**

Place	Time
9th. DAVID HEITKAMP	10:14:43

**NORTHCOUNTRY TRAIL RUN 50 MILE - MANISTEE, MI
SEPTEMBER 12, 2001**

50 Mile Results		
Place	25M Split	Time
39th. DON LINDLEY	5:30:00	12:09:42
40th JERRY DIEHL	5:30:00	12:09:42
Marathon Results		
60th BUD STIFFLER		5:13.27

**GERMANTOWN 50K - GERMANTOWN, OH
OCTOBER 6, 2001**

Overall Place	Loop#1	Loop#2	Loop#3	Loop#4
33rd DON LINDLEY	1:37:37	3:25:00	5:23:40	7:21:35

**OWEN-PUTNAM COUNTY STATE PARK TRAIL RUNS - SPENCER, IN
NOVEMBER 3, 2001**

15 Mile Results		50k Results	
	Times		Times
3rd PAUL KNOTT	2:08	6TH LINDA KEUNEKE (1ST F)	5:49
5TH. HOWARD SMITH	2:20	28TH JERRY DIEHL	7:23
14TH JUDY TILLAPPAUGH	2:58	31ST DIANA SCHOWE	7:32
22ND JP JONES	5:49	32ND TOM LANDIS	7:35
		40TH DON LINDLEY	7:48

6th Annual FWCS Invitational 1 Mile x-country meet. - 10/16/01

A total of 400 runners in the 3rd, 4th, and 5th grades competed in the three qualifying races at Waynedale (3rd grade), Shoaf Park (4th grade), and Jefferson Middle school (5th grade). Due to the incimate weather conditions at the 5th grade race and the final race at Lakeside, the number of participants were down slightly from the previous year. In order to qualify for the finals race, runners at each grade level had to finish in the top ten in their respective races, or compete as part of a team which either finished 1st or 2nd in the qualifying races.

Girls results	School	Grade	Time
1. Alysa Ables	Huntertown	5	7:18.5
2. Abbey Bunnell	Perry Hill	5	7:19.0
3. Cassie Hobbs	Perry Hill	5	7:24.8
4. Lia Underwood	St. Charles	5	7:28.6
5. Samantha Ginther	Hickory Center	5	7:41.1
6. Lauren Kirlin	Perry Hill	5	7:42.8
7. Kaitlynn Byrd	Perry Hill	5	7:50.5
8. Olivia Mapes	Perry Hill	5	7:51.3
9. Allycia Gaffer	Lincoln	4	7:51.8
10. Tyreca Jackson	Lincoln	3	7:52.2
11. Carli Mast	West Noble	4	7:56.3
12. Emily Zent	Lincoln	4	7:57.3
13. Molly Stroncsek	St. Charles	5	7:59.9
14. Chelsie Norris	Perry Hill	5	8:01.2
15. Brianne Mershman	West Noble	5	8:06.7
16. Tracey Tiemon	Weisser Park	3	8:10.7
17. Alyssa Biggins	Huntertown	5	8:11.2
18. Erika Campos	West Nobel	4	8:11.9
19. Brittney Mehle	West Nobel	5	8:13.3
20. Tessa Smith	West Nobel	5	8:19.7
21. Elizabeth Helser	Weisser Park	4	8:25.7
22. Kelsey Church	Waynedale	4	8:28.2
23. Kristin Mast	West Noble	5	8:28.7
24. Brittany Moser	West Noble	5	8:44.6
25. Stacey Roberts	Lincoln	4	8:52.2
26. Abby Guevara	West Noble	5	8:53.5
27. Laurin Soberalski	Perry Hill	3	8:54.0
28. Madison Neuenschwander	Lincoln	3	8:58.3
29. Samantha Sordelet	Lincoln	4	8:59.5
30. Emily Nix	Perry Hill	3	9:01.7
31. Kurstin Johnson	Lincoln	4	9:03.7
32. Moriah Fair	Hickory Center	4	9:04.9
33. Katie Larsen	Perry Hill	4	9:06.6
34. Erin Velpel	Perry Hill	3	9:08.1
35. Autumn Smith	Arlington	3	9:11.0
36. Amanda Schlatter	Perry Hill	5	9:14.9
37. Brittany Nesbitt	Hickory Center	4	9:30.8
38. Lauri Altena	Arlington	3	9:33.1
39. Chloe Swedziaski	Perry Hill	3	9:38.8
40. Kati Grostefon	Hickory Center	4	9:39.3
41. Sadie Bauserman	Lincoln	3	9:57.6
42. Cara Fisher	Lincoln	3	10:02.2
43. Terrye Green	Lincoln	3	10:29.7
44. Carly Habig	Lincoln	3	10:38.5
45. Anna Taylor	Lincoln	3	10:39.2
46. Alexis Salay	Perry Hill	3	10:50.7
47. Tayler Cummings	Perry Hill	3	10:54.8
48. Molly Collins	Perry Hill	3	10:55.9

Team scores:

1. Perry Hill	26	2. West Noble	83
3. Lincoln	84		

Boys results	School	Grade	Time
1. Taylor Tiemon	Weisser Park	5	6:39.8
2. Robby Kleber	Hickory Center	5	6:45.2
3. Mitchell Falkenstern	Weisser Park	5	6:46.9
4. Austin Kilmer	Hickory Center	5	6:48.3
5. Blair Campbell	Weisser Park	5	6:54.9
6. Carter Milleman	Hickory Center	5	7:01.9
7. Marty Coolidge	St. Charles	4	7:09.9
8. Christopher Lamping	Weisser Park	5	7:13.2
9. Ty Alles	West Noble	5	7:15.6
10. Patrick Reed	West Noble	5	7:17.6
11. Dylan Letourneau	Arlington	4	7:19.5
12. Bryce Rockwell-Ashton	Weisser Park	4	7:20.2
13. Matthew Wicke	Weisser Park	4	7:21.7
14. Kyle Maresh	West Noble	4	7:23.2
15. Jake Hutsell	West Noble	4	7:23.9
16. Jacob Renkenberger	Weisser Park	4	7:24.8
17. Derek Jacobs	West Noble	4	7:29.7
18. Ethan Doles	Hickory Center	4	7:34.8
19. Jeremy Pruitt	Perry Hill	3	7:35.3
20. Justin Hanford	Maplewood	4	7:35.9
21. Seth Gullett	Arlington	5	7:40.3
22. Brandon Mock	Hickory Center	5	7:46.2
23. Merrik Jones	Hickory Center	4	7:56.4
24. Nathan Byrd	Perry Hill	3	8:01.8
25. Josh Gullett	Arlington	3	8:02.3
26. Xavier Mourey	Arlington	3	8:02.9
27. Samuel Johnson	Perry Hill	3	8:10.2
28. Austin Carey	Hickory Center	4	8:10.9
29. Michael Hayes	Weisser Park	4	8:11.7
30. Brendon Coffee	Hickory Center	4	8:12.1
31. Billy McManus	St. Johns	3	8:12.5
32. Steven Piercy	Weisser Park	4	8:14.6
33. Colin Bouillon	Washington Cnt	3	8:16.6
34. Matthew Nussa	Perry Hill	3	8:20.6
35. Elliott Nix	Hickory Center	4	8:22.9
36. Cameron Brower	Perry Hill	3	9:19.0
37. Eric Ward	Perry Hill	3	9:26.4
38. Matthew Sommer	Perry Hill	3	9:29.5
39. Carl Johnson	Arlington	3	9:50.5
40. Casey Werner	Brentwood	4	10:10.5

Team scores:

1. Weisser Park	29
2. Hickory Center	52
3. West Noble	65
4. Arlington	122
5. Perry Hill	140

RUNNING IN CENTRAL PARK *By Doug Sundling*

Staying a week in New York City in the first of October compelled not only visiting Ground Zero -- the devastation at the World Trade Center plaza, but also responding to Mayor Rudolph Giuliani's request to help the city return to normalcy. Thursday night, a sold-out off-Broadway show. Friday evening, a sparsely attended Mets baseball game at Shea Stadium. And Sunday morning, along with some 3000 other folks, Grete's Great Gallop, a 13.1-mile half marathon at Central Park.

In the middle of Manhattan, Central Park glistens like a rectangular green oasis where remnants of Nature squeeze into a reservation encased by an urban wilderness. Upon the long, slender island rock of Manhattan rise manufactured canyons shaded by shifting smog muted tones of stone, glass, metal, and concrete illuminated by a buzzing kaleidoscope of humanity. The buildings stand defiant: triumphant achievements that impose a strangely homogeneous wilderness of urban conformity upon this thin island. The WTC plaza anchors the southwest tip of Lower Manhattan.

Central Park is about one-half mile wide and two-and-half miles long. An internal road loops six miles through the park's rolling terrain. Since I was staying in an apartment on Central Park West, the street that forms the park's west boundary, Central Park was where I ran.

Whenever I ran, I became part of a crowd that included hundreds of joggers and bicyclists, dozens of walkers -- many with dogs, and a smattering of roller bladers or joggers with dogs on a leashes. I could jog the various asphalt and cinder paths or the paved 6-mile loop road or the 2800-yard pea-gravel corridor that circled the reservoir, complete with 100-yard markings on the concrete base for the fencing along the banks of the reservoir.

Traffic was allowed on the loop road only during morning and afternoon rush hours. Stop lights created waves of traffic, and often a wave of yellow Ford Crown Victorias, the dominate choice for taxis, swept toward me in the two lanes for the one-way traffic. A third lane on the road had been split: the inside lane for joggers and the adjacent one for bicycles.

Though the reputation of diversity endears New York City, normalcy pervaded this world of jogging and cycling. There was an occasional

character, like the elderly barrel-chested roller blader who wore a Superman T-shirt, matching blue crash helmet, and pale violet tinted wrap-around sunglasses.

On Sunday, October 7, as part of a Norwegian festival being held in Central Park, the New York Road Runners Club held a 13.1-mile race in honor of the Norway native Grete Waitz, who had been the first woman finisher in the New York City Marathon 9 times from 1978-1988 and who addressed the compacted throng of runners at the starting line.

According to the NYRRC website, some 2900 folks registered for the race, and some 3200 finished with computer chips tied to their shoes. The day was clear, fiftish degrees with a brisk breeze. Music blared, vendors staked out booths, and runners milled about at the south end of the park near the Band Shell as the 9:30 start time approached. About 10 minutes before the start, I joined a dense herd attempting to squeeze into a solid mass at the starting line.

After I had wedged myself into a spot in line with the sign indicating 6-minute pacers, in front of me appeared to be several hundred folks. It took me about 34 seconds to cross the official starting line. Patiently weaving through the dispersing crowd of runners, I needed about a minute longer than normal to cover that first mile. And then for 12.1 miles I never was without someone to run either with or past. In the end, I was the last runner in under 1:20 at 1:19:58, placing 44th overall. Subtracting the extra minute for that first mile, my time would have been slightly faster than what I had run two weeks earlier for the Parlor City Trot 13.1 race in Bluffton.

The festivities continued afterwards with each runner entitled to a free bagel sandwiched around smoked Norwegian salmon. My race time was great, my time at the race was great, and I felt like just another runner on New York City's running scene.

This being my initial visit to the Big Apple, the sunny Sunday in Central Park continued to render an impression that the city buzzed with what seemed a normal pace. People crowded the streets, homeless meandered around, small parks teemed with pedestrians and squirrels bold enough to scratch the back of my arm to ask for a handout, and street vendors hawked their goods

of honey roasted nuts, sandwiches, NYC paraphernalia, and American flag pins. Subways and buses ran, and large Ford Crown Victorias monopolized the waves of yellow cabs that churned the congested sea of traffic which ebbed at a hectic, staccato pace through the concrete canyons. I watched orange-red morning sunrises over Central Park as backdrops for airplanes ascending from La Guardia Airport.

But to the south lay Ground Zero. Though physically just a big wound on an urban leviathan beached on the Atlantic Ocean shoreline, it will heal into a scar of hallowed ground for the people who call America home.

Martial law could have been easily imposed, but barricades and traffic control by the police and National Guard reflected the understanding that the crowds would come and that they needed to. It was a peculiar mixture of moving in a funeral line with the bustle of business as usual.

The closest onlookers were allowed was one block east of the WTC plaza. As crowds shuffled one-way southward between store fronts and hip-high barricades on the east curb of Broadway, the main north-south artery of Lower Manhattan, views would appear to the west on streets that connected Broadway to the WTC plaza. The crowd would bunch up to take photographs, to gaze in homage, and to converse with police and National Guard.

Despite the realization we were breathing the dust of some 4,000 or more people who had been vaporized or crushed, there wasn't a stench of death. Rather, my nose and lungs tingled with a stench of violent urban decay that rendered the air with a denser, more irritating texture than the usual stale urban odor.

Although I knew I could not fully appreciate the magnitude of the destruction I grasped in glimpses down a side street, the overwhelming impression from the makeshift memorials and the crowds with whom I mingled was that people expressed themselves in human terms. Rather than exulting or retreating into some religious ideology or vengeful retribution, people articulated sincere heartfelt renderings of suffering, grief, hope, faith, reconciliation, and renewal. And that may be one of the most significant differences between those of us who revere the dead of September 11 and those who executed the attacks of September 11.



<http://www.fwtc.org>



COME RUN WITH US!

Be part of an active club of over 500 members. Our events allow everyone to experience the fun of fitness together.

EVENTS AND RACES

Points Race Series for Runners of All Ages and Abilities

NEWSLETTER

All members receive the Bi-Monthly Inside Track club newsletter. It is the heartbeat of the club with information on upcoming events, race results, training ideas, social activities and member profiles.

PUBLICATIONS

RRCA Footnotes - quarterly

COMMUNITY INVOLVEMENT

Benefit races for charity
College cross-county support
Race volunteer crew
High school meet assistance

SOCIAL ACTIVITIES

Annual banquet with annual awards
Monthly meeting (2nd Wednesday)
Weekly group runs, like YMCA Run 7 am Saturday
Friendships and fellowship

THE GIFT OF PEACE

Life does offer some restless moments. A community disaster, broken relationship, lost job, chronic illness, injury, family death are just some of the major stressors we may face. Shock, fear, anxiety, crying, change in appetite, and extra drinking or eating are some common initial human responses. If thoughts and emotions are not discussed and resolved in a peaceful way our risk for depression, eating disorders, addictions, high blood pressure, abuse, weight gain, or another health problem can increase. Holidays sometimes can raise the risk of uncomfortable moments.

There's hope when coping!! The National Mental Health Association recently released an educational handout on how to manage difficult struggles. The tips can be applied to any personal challenge. Here are many thoughts they recommend plus a few of my ideas

When Stressed You Can:

* Talk about it with a friend, family member, coach, pastor, rabbi, teacher or another person you trust. Not expressing feelings will keep you from being able to work through what happened. By talking with others you will relieve stress and realize that other people care and share your feelings. Also, be sensitive to someone in your life that is stressed. Lend a listening ear.

- * Call and/or spend time with favorite friends and family members
- * Encourage children, teenagers, and adults to talk about their feelings
- * Maintain healthy sleep and rest
- * Enjoy regular physical activity (run, walk, hike.....)
- * Eat nourishing, balanced meals and snacks
- * Avoid extra drinking, eating, drugs, gambling or other risk taking activities
- * Do things you find soothing and relaxing
- * Take deep breaths
- * Enjoy a little healthy humor
- * Take time for simple pleasures
- * Volunteer at FWTC events.....like the upcoming HUFF 12/29 or Fanny Freezer 2/9
- * Recall other times you have experienced strong emotions and how they were resolved

If strong feelings and anxious moments do not go away, if they limit work abilities, if they are hurting a relationship, or if the trouble has lasted longer than four to six weeks, do consider seeking professional help. Help is available! Mental health professionals can turn frustrating, upsetting days into much brighter ones. They can assist you in making lasting healthy cognitive and behavioral changes.

Locally there are several high quality mental health contacts: Park Center 481-2700, Parkview Behavioral Health- 373-7500, St. Joseph Behavioral Health- 425-3606, and IPFW Joanne Lantz (FREE) Counseling Education Clinic- 481-5479.

The National Mental Health Association has many free educational handouts and brochures. To obtain information go to www.nmha.org or call their toll free number at 1-800-969-NMHA (6642). Stressors are not easy to face at times. Do not let them over burden you, instead use tips to tackle them! During this holiday season and throughout the New Year take time to sooth stressors. Give yourself the gift of more peace, joy, and love.

Healthy Holidays,

Judy Tillapaugh, RD - IPFW Wellness/Fitness Coordinator

Run For Fun Race Results 2001 - 10K

	Time	Age Group		Time	Age Group
1. Miller, Fred	32:47:92	19-24	21. Landis, Tom	45:52:09	45-49
2. Robert Minnich	36:06:32	30-34	22. Gamble, Richard	45:57:75	30-34
3. Leffers, Steve	36:12:86	40-44	23. Corothers, Clyde	46:00:43	55-59
4. Thomas, Brad	36:29:43	25-29	24. Hershberger, Freeman	47:21:23	60 & +
5. Faulkner, Justina	36:36:39	25-29	25. Orock, Jon	48:58:74	30-34
6. McNei	36:52:51	40-44	26. Pickett, Jim	49:12:94	50-54
7. Wilson, Roger	37:12:30	45-49	27. Stoller, Tonya	49:35:70	30-34
8. Freeman, Tim	37:33:04	30-34	28. Cox, Aaron	51:41:62	45-49
9. Pritchard, Jeff	37:36:87	40-44	29. Wright, Tamara	52:41:62	40-44
10. Hess, Brett	37:43:87	35-39	30. Wright, Tim	53:10:73	50-54
11. Fruchey, Michael	38:26:79	30-34	31. Anderson, Don	53:13:78	60 & +
12. Keuneke, Linda	39:55:79	35-39	32. Felger, Tom	53:14:24	60 & +
13. Lefever, Kim	40:03:85	45-49	33. Ingleman, Jon	54:33:65	55-59
14. Pearson, Jed	40:18:87	50-54	34. Myers, Mike	56:49:69	35-39
15. Borkowski, Greg	41:11:38	35-39	35. Fuelling, Thomas	57:00:53	50-54
16. Borkowski, Ron	41:11:67	35-39	36. Ingleman, Judy	57:19:79	45-49
17. Knouff, Steve	42:15:45	50-54	37. Saylor, Robert	58:41:66	30-34
18. Troyer, Verton	44:42:29	50-54	38. Peterson, Susan	59:58:24	45-49
19. McPherson, John	44:52:85	45-49	39. Keller, Anne	1:05:42:13	45-49
20. Flores, Ruben	44:59:74	30-34	40. Johnson, Colton	1:13:42:06	12 & -
			41. Johnson, Reg	1:13:43:16	50-54

Run For Fun Race Results 2001 - 5K

1. Hicks, Jay	15:53:89	25-29 M	27. Reichert, Jenny	25:59:65	40-44 F
2. Furkie, James	16:48:02	19-24 M	28. McDonald, Jane	26:15:01	35-39 F
3. McHenry, Victor	16:48:02	13-18 M	29. Swaidner, Linda	26:15:76	40-44 F
4. Folks, Nathan	17:34:59	13-18 M	30. Kreider, Willis	26:18:40	60 & +
5. Wilson, Ryan	18:45:93	13-18 M	31. Harbes, Yong Hue	26:28:88	50-54
6. Tate, Neil	19:12:21	45-49 M	32. Harruff, Brad	26:30:92	35-39
7. Gerger, Landon	19:26:17	13-18 M	33. Bosenberg, Forest	26:32:08	13-18
8. Knott, Paul	19:51:65	35-39 M	34. Stewart, Mike	26:58:26	45-49
9. Stinson, Skip	20:47:40	35-39 M	35. Becker, Lisa	27:00:72	35-39
10. Varover, Al	21:03:10	45-49 M	36. Plattner, Bethany	27:06:47	25-29
11. Boyd, Summer	21:43:93	19-24 F	37. Harruff, Norm	27:09:50	60 & +
12. Rinker, Reisa	21:54:29	35-39 F	38. Leverett, Cletus	27:27:50	55-59
13. Fulton, Alan	21:57:41	45-49 M	39. Baker, Emily	31:10:62	12 & -
14. Cobbs, DeWain	22:01:26	55-59 M	40. Plastow, Tammy	31:12:01	30-34
15. Palewicz, Anjie	22:47:21	13-18 F	41. French, Jackie	31:25:67	25-29
16. Bement, Cynthia	22:54:15	30-34 F	42. Halzhausen, Cindy	31:45:54	25-29
17. Moody, Scott	23:00:31	25-29 M	43. Johnson, Brianne	32:14:21	12 & -
18. Miller, Dale	23:12:11	35-39 M	44. Christian, Greg	32:14:56	45-49
19. Doty, Patsy	24:02:77	40-44 F	45. Johnson, Riley	32:14:83	12 & - M
20. Simmons, Abigail	24:21:38	19-24 F	46. Schafer, Linda	33:37:80	40-44 F
21. Kiggins, Tony	24:23:47	45-49 F	47. Weeda, Dwayne	34:53:48	60 & + M
22. Fulton, Dennis	24:33:70	40-44 M	48. Aguilar, Diana	34:53:93	13-18 F
23. Ransome, Sean	25:08:05	25-29 M	49. Rainwater, Erika	34:54:24	13-18 F
24. Dawson, Rebecca	25:13:54	19-24 F	50. Knouff, Marg	36:03:12	55-59 F
25. McCall, Renee	25:22:47	25-29 F	51. DelVerchio, Donna	50:33:59	50-54 F
26. Christian, Bart	25:57:50	12 & -	52. Underweed, Jennifer	50:34:36	30-34 F

FWTC RACE CALENDAR

We try to provide the most accurate and complete race information that we can, but we urge you to contact the race director for confirmations, postponements, or cancellations.

If you are a race director or know of confirmed dates for 2002 races not already updated, please email us details so we can get the calendar updated promptly and accurately.

Jan 01, 2002	New Year's Day Resolution, 1,2,or 3 loops (2.6 Miles), Downtown Indy, Ken Long & Assoc, 317-884-4001
Jan 26, 2002 10am Sat	Bop to the Top, 37 floor stait, AUL Bldg, Indpls, IN, Tuxedo Brothers, 317-733-3300
Mar 02, 2002 Sat	Derby Dash, 5 Mile & 2 Mile Walk & Kid's K, Sam Houston Race Park, Houston, TX, Ray Boytim(In Tribute to Joyce), Bayou City Road Runners, email: boltz22@swbell.net , web site: http://www.derbydash.com

Dec 29, 2001 - 8 am Sat The Huff 50K, 50K, 3xRelay, & 1 Loop Fun Run (10.8 Miles), Trail Run on the Banks of the Wabash, Huntington, IN, Mitch Harper, 5207 Hopkinson Dr, Ft Wayne, IN 46814, 219-436-8284 or (fax) 436-8284, email:Huff50K@aol.com

Dec 31, 2001 - 11:50pm Mon Last and First 5K, 5K, Crawfordville, IN, Ed Stuffle, 62 Center, Crawfordville, IN 47933, 765-362-4672

Jan 01, 2002 - 1 pm Tue 6th Annual Frigid Five, 5K Run/Walk, YMCA, Warsaw, IN, Don Ransome, Kosciusko Community YMCA, 1401 E Smith St, Warsaw, IN 46580, 219-267-4140, email:forransome@kconline.com

Jan 05, 2002 - 12 Noon Sat R 18th Annual Siberian Express, 7.6 Miles, Kickapoo State Park, Danville, IL, Marc Reddy, Siberian Express PO Box 1701, Danville, IL 61834, (217) 431-4243, email:krr@kennekuk.com, web site:<http://www.kennekuk.com>

Feb 03, 2002 - 1pm Sun 30th Groundhog 7, 7 Miles, Clay Jr HS, Carmel, IN, (317) 290-RUNR, email:webmaster@indyrunners.org

Feb 03, 2002 - 7:30 am Sun Las Vegas Marathon and Half-Marathon, Jean, NV, Las Vegas, NV, (702) 876-3870, web site:<http://www.lvmarathon.com>

Feb 09, 2002 - 2pm Sat LP Fanny Freezer 5k, 5K, Shoaf Park, Ft. Wayne, IN, Barrie Peterson, (219) 637-5717, No Pre-Race Registration, Race Day Registration Only

Feb 09, 2002 - 9am Sat Cupid's Fling 5K, 5K Run/Walk, Clay Jr HS, Carmel, IN, Runners Forum, 317-844-1558

Feb 16, 2002 - 10 am Sat Think Spring, 5K & 1M, Ligioner Elementary, Ligioner, IN, Brian Shepherd, 1426 Lincoln Way, Ligioner IN 46767, 219-894-4638



FWTC RACE CALENDAR

Feb 16, 2002 - 9:00 am Sat L 1-293d Infantry Follow Us 5K Run, 5K, Indiana Army National Guard Armory, Ft Wayne, IN 46825-3316, John Brass, t-shirts to 1st 100, 130 W Cook Rd, 219-490-0221

Feb 23, 2002 - Sat Polar Bear Run/Walk, 5M, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email:klong@kenlongassoc.com, web site:<http://www.kenlongassoc.com>

Feb 23, 2002 - 7am Sat 19th Annual Blue Angel Marathon, Mar, 1/2Mar, & 5K, Naval Air Station Penscola, Pensacola, FL, (850) 452-4391, web site:<http://www.mwr-pcola.navy.mil>

Mar 09, 2002 - 2pm Sat 24th Beer Bottle Open, 4M, Columbus Grove HS, Columbus, OH, Jerry Bunn, 206 Hall Ave Columbus OH 45830, 419 659-5702, email:jbunn@who.rr.com

Mar 09, 2002 - 8:30 am Sat L New Generation 5K Run/Walk, free t-shirt race, 5K, Family Care Center, Ft Wayne, Indiana 46808, Steve Eyers, 2821 Hillegas Rd, 219-496-9818, email:seyers@fwi.com, web site:<http://newgenerationchurch.com>

Mar 09, 2002 9am Sun 9th Race Thru History, 5M Run/3M Walk, Crown Hill Cemetery, Indpls, IN, Indy Runners, 317-290-RUNR, web site:<http://www.indyrunner.org>

Mar 10, 2002 - 2:00 pm Sun Churchhill's 35th Half Marathon, 13.1M, Perrysburg, OH, email:tbayford@accesstoledo.com, web site:<http://www.toledoroadrunners.org>

Mar 15, 2002 - 9am Fri St Patrick's Day Race, 5 Mile Run/Walk, Downtown Indy, Indpls, IN, Tuxedo Brothers, 317-733-3300

Mar 16, 2002 - 7 am Sat KUTUS6, 60K & 50Miles, Cave Run Lake, Moorehead, KY, Herb Hedgecock, UPO 836 MSU, Moorehead, KY 40351, 606-674-6286, email:h.hedgec@morehead-st.edu, web site:<http://people.morehead-stedu/fs/h.hedgec>

Mar 23, 2002 - Sat Mountain Goat Hill Runs/Walk, Danville, IL, Warc Reddy, (217) 431-4243, email:kennekuk@net66.com

Mar 23, 2002 - 9:00am Sat Nutri-Runs, The Chapel, Fort Wayne, IN, FWTC PO Box 11703, Ft Wayne, IN 46860, (219) 436-2234, email:nutrirun@yahoo.com, web site:<http://www.fwtc.org/nutrirun>

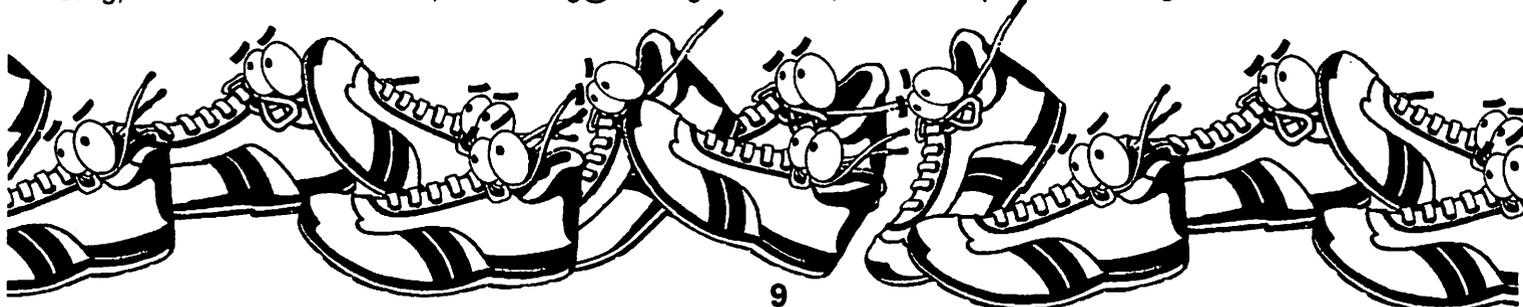
Mar 24, 2002 - 1:00pm Sun 33rd Annual Sam Costa Half Marathon, 13.1 Miles, Clay Jr. High, Carmel, IN, Indy Runners, 317-290-RUNR, web site:<http://www.indyrunners.org>

Mar 30, 2002 - 6am Sat R McNaughton Park Ultra, 50K and 50 Miles, Pekin, IL, Andy Weinberg, 812 Chestnut, Pekin, IL 61554, 309-346-3601, email:aweinberg@pekinhigh.net

Mar 30, 2002 - Sat Bedford Fitness Challenge 5k, 5K, Bedford, IN, Bill Deckard, (812) 275-0403, web site:<http://www.RunBloomington.com>

Mar 31, 2002 - 2:00pm Sun R Fool's Frolic, 5K/1M, Bixler Lake Park, Kendallville, IN, Brian Shepherd, 219-894-4638

Mar 31, 2002 - Smoke Free Indiana Distance Classic, 15K, 4M Walk & Kids Events, Downtown Indpls, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email:klong@kenlongassoc.com, web site:<http://www.kenlongassoc.com>



FWTC RACE CALENDAR

Apr 06, 2002 - 9am Sat LP IPFW Mastodon Stomp, 5K Run/Walk & 1M Kids & 100yd Mascot Run, IPFW, Fort Wayne, IN, Judy Tillapaugh, 219-481-6647, email:tillapau@ipfw.edu

Apr 07, 2002 - 8:00am Sun Van Wert Marathon & Half-Marathon, Van Wert, OH, Mark Alstaetter, (419) 238-3559, email:kiggs@bright.net

Apr 20, 2002 - 9am Sat R Shoe-Sucker Seven, 7M trail, Kil-So-Quah Campground, Huntington Reservoir, Huntington, IN, Rick Beemer, 219-356-6338

Apr 21, 2002 - 9:00 am R Shoe-Sucker Seven, 7M trail, Kil-So-Quah Campground, Huntington Reservoir, Huntington, IN, Rick Beemer, 219-356-6338

Apr 21, 2002 SUN St Francis Hospital & Health Cts, 10M, Franklin HS, Indpls, IN, Ken Long, Toll Free 1-866-786-9255, email:klong@kenlongassoc.com, web site:<http://www.kenlongassoc.com>

Apr 27, 2002 10am Sat Spring Fling, 4 Miles, OSU Lima Branch Campus, Lima, OH, Alvin Langhals, 419-659-5868, email:klrigg@bright.net

Apr 27, 2002 9am Sat R 4th Annual Spring Fever 5K and 2 Mile Walk, 5K & 2M, Koskisuko Community YMCA, Warsaw, IN, Don Ransome, 1513 E Center St, Warsaw IN 46580-3607, 219 267-4140

Apr 27, 2002 - Sat Country Music Marathon, 26.2 & 13.1, Centennial Park, Nashville, TN, 615-742-1660, web site:<http://www.cmmarathon.com>

May 03, 2002 - 7pm Fri L FWTC One-Mile Championships, 1M, Foster Park, Fort Wayne, IN, Brian Shepherd, 1426 Lincolnway, Ligonier IN 46767, 219-894-4638

May 11, 2002 - 8:30am Sat L Nick Denice Race for Hope, 10K run/5K walk, Baseball diamond at the corner of Aboite Center Road & Westlakes Drive., Fort Wayne, IN, Carolyn Denice, PanCAN, PO Box 40092, Ft Wayne, IN 46804, (219) 434-4075, email:cdenice@pancan.org, web site:<http://www.theaceforhope.org>

May 12, 2002 - 1pm Sun R Mother's Day Run, 5-mile, Kendallville Youth Center, Kendallville, IN, Kendallville Parks and Recreation Department

May 18, 2002 - 8:30am Sat R Run for Mental Health, 5K/800m, Northeastern Center Outpatient Offices (near DeKalb Hospital), Auburn, IN, Brian Shepherd, 1425 Lincolnway Drive, Ligonier IN 46767, 219-894-4638

May 18, 2002 - 9am Sat RP Run for Fun, 10k & 5k, Warsaw, IN, Bill Crane, (219) 268-1236

May 25, 2002 - 8am Sat LP River City Rat Race, 10K, Downtown, Fort Wayne, IN, Steve Hilker, email:shilker@pleez.net, web site:<http://www.rcratrace.org>

May 27, 2002 - Mon R The Great Race, 5K/10K masters/Half-marathon, Various locations, Elkhart, IN, Ron Schmanske, P.O. Box 682, Elkhart, IN, (219) 296-5890 or 296-5862



Fort Wayne Track Club Turkey Trot 5K 5KM XC

Overall Female Winners

	Age	Time	Pace
1. Libby Borrer	21	20:35	6:38/M

Women 13 and under

	Age	Time	Pace
1. Tynae Wilson	11	23:02	7:26/M
2. Jordan Smith	12	32:12	10:23/M
3. Harley Swaidner	6	48:53	15:46/M

Women 14 to 15

	Age	Time	Pace
1. Adele Mitchell	14	20:44	6:41/M
2. Sarah Manck	15	22:07	7:08/M
3. Jessica Palevich	15	24:00	7:45/M
4. Laura Griggs	14	28:35	9:13/M

Women 16 to 17

	Age	Time	Pace
1. Whitney Beeson	16	21:23	6:54/M
2. Kinsi Hower	16	22:02	7:06/M
3. Kristin Andre	17	23:16	7:30/M

Women 20 to 24

	Age	Time	Pace
1. Laurie Yahl	23	25:05	8:05/M
2. Angie Bermes	22	25:05	8:05/M

Women 25 to 29

	Age	Time	Pace
1. Darlene Barton	26	20:36	6:39/M
2. Shannon Rickard	26	28:56	9:20/M
3. Angie Orr	25	33:15	10:44/M
4. Jessica Tate	25	35:26	11:26/M

Women 30 to 34

	Age	Time	Pace
1. Paula Rickerd	32	22:13	7:10/M
2. Jennifer Steigmeyer	31	22:56	7:24/M
3. Jennifer Garcia	32	24:17	7:50/M
4. Kimberly Summers	33	24:21	7:51/M
5. Patty Berghoff	30	29:52	9:38/M
6. Deanna Kissinger	33	33:49	10:55/M
7. Chrisy Link	30	48:54	15:46/M

Women 35 to 39

	Age	Time	Pace
1. Carol Herndon	37	20:53	6:44/M
2. Valerie Pontius	35	25:14	8:08/M
3. Nancy Ecclestone	37	33:50	10:55/M

Overall Male Winners

	Age	Time	Pace
1. Ron Sharp	36	16:16	5:15/M

Male 13 & Under

	Age	Time	Pace
1. Camron Walter	13	19:12	6:12/M
2. David Rex	13	19:34	6:19/M
3. Sam N Bird	11	19:38	6:20/M
4. Sean McAvoy	11	20:58	6:46/M
5. Trevor Ecclestone	7	26:28	8:32/M
6. Adam Bowser	13	26:36	8:35/M
7. Austin Agler	10	27:23	8:50/M
8. Derek Kissinger	10	33:47	10:54/M

Men 14 to 15

	Age	Time	Pace
1. Philip Sundberg	15	20:28	6:36/M
2. Billy Snow	15	22:12	7:10/M

Men 16 to 17

	Age	Time	Pace
1. Steve Rankin	16	18:11	5:52/M
2. Chris Brown	17	18:17	5:54/M
3. Dustin Hull	17	19:19	6:14/M
4. Ross Green	16	21:58	7:05/M
5. Tom Tuttle	17	22:11	7:09/M
6. Justin Barman	17	22:22	7:13/M
7. Robert Creighton	16	22:33	7:16/M
8. Cody Messmann	16	23:16	7:30/M
9. Mike Goodwin	17	24:35	7:56/M

Men 18 to 19

	Age	Time	Pace
1. Nick Bustos	19	19:32	6:18/M
2. Maury Winker	18	20:27	6:36/M
3. Nathan Reinhard	18	21:19	6:53/M
4. Jeff Hedin	18	21:28	6:55/M
5. Justin Ralston	18	24:29	7:54/M
6. Patrick Linker	18	26:38	8:35/M
7. David Callahan	19	26:40	8:36/M

Men 20 to 24

	Age	Time	Pace
1. Jim Furkis	24	16:37	5:22/M
2. Mike Barnes	21	17:59	5:48/M
3. Jordan Shoun	20	18:43	6:02/M

Men 25 to 29

	Age	Time	Pace
1. Jason Osborn	25	18:09	5:51/M
2. David Humaneler	25	18:27	5:57/M
3. Dan Brier	25	19:07	6:10/M
4. Brad Peterson	28	21:14	6:51/M
5. Jonathan Byers	26	21:44	7:01/M
6. Stephen Olson	25	22:01	7:06/M
7. Weston Young	25	27:25	8:51/M

Men 30 to 34

	Age	Time	Pace
1. Michael Schoudel	33	17:44	5:43/M
2. Robert Minnich Jr.	34	18:14	5:53/M
3. Jerry Gerig	34	20:17	6:33/M
4. Chad Ware	34	22:06	7:08/M
5. Jerry Berghoff	31	22:51	7:22/M
6. Anthony Juliano	32	22:53	7:23/M
7. Kermit Hogeston	33	23:13	7:29/M
8. Steve Smeltzley	32	23:36	7:37/M
9. Eric Kleinrichert	34	27:01	8:43/M

Men 35 to 39

	Age	Time	Pace
1. John Schnieders	37	17:23	5:36/M
2. Joe Mercer	38	18:53	6:05/M
3. Paul E Knott	38	19:45	6:22/M
4. Kent Mitchell	39	21:01	6:47/M
5. Steve McMahon	38	23:36	7:37/M
6. Thomas Cleveland	39	26:48	8:39/M
7. Tony Knox	37	27:18	8:48/M
8. Leo Gonot	36	30:33	9:51/M
9. Michael Smith	38	40:58	13:13/M

Fort Wayne Track Club Turkey Trot 5K 5KM XC

Masters Category - Overall Female Winner

	Age	Time	Pace
1. Katie Creighton	43	22:34	7:17/M

Women 40 to 44

	Age	Time	Pace
1. Tamara Wright	43	25:07	8:06/M
2. Sue Griggs	44	29:48	9:37/M
3. Renee Fenstermaker	44	30:57	9:59/M
4. Kim Markey	43	31:58	10:19/M
5. Betty Greider	40	36:53	11:54/M

Women 45 to 49

	Age	Time	Pace
1. Joyce Destefano	47	26:36	8:35/M
2. Judith Ingleman	46	27:22	8:50/M
3. Linda MacKey	46	28:58	9:21/M
4. Susan Peterson	47	32:11	10:23/M

Women 55 to 59

	Age	Time	Pace
1. Barb Scrogam	55	27:35	8:54/M
2. Peggy Seigel	55	33:00	10:39/M

Women 65 to 69

	Age	Time	Pace
1. Joan Gary	65	26:58	8:42/M

Overall Male Winners

Place Name City Age Overall Time Pace

1. Mark Sanderson	40	17:07	5:31/M
-------------------	----	-------	--------

Men 40 to 44

	Age	Time	Pace
1. Scott Ecclestone	40	18:34	5:59/M
2. Carl A Risch	44	18:57	6:07/M
3. Robert Nicholson	42	21:40	6:59/M
4. Jeff Metzger	40	22:27	7:15/M
5. David Lowe	43	22:52	7:23/M
6. Jim Berghoff	41	26:52	8:40/M

Men 45 to 49

	Age	Time	Pace
1. Mark Furkis	46	17:17	5:35/M
2. Kevin Lochner	46	21:04	6:48/M
3. James McKinnon	45	21:25	6:55/M
4. Donald Kramer	47	21:37	6:58/M
5. Chuck Brown	46	21:48	7:02/M
6. Jim Weide	49	22:06	7:08/M
7. John N Link	45	22:50	7:22/M
8. Ron Hammond	48	22:52	7:23/M
9. Greg Ridenour	47	22:57	7:24/M
10. John David McPherson	48	23:06	7:27/M
11. Ron Zartman	45	23:24	7:33/M
12. Michael Variell	45	23:27	7:34/M
13. Stephen M Hilker	46	24:20	7:51/M
14. Aaron Cox	48	24:36	7:56/M
15. Mitch V Harper	45	24:37	7:56/M
16. Doug McKinzie	46	24:43	7:58/M
17. Craig Bobay	45	25:11	8:07/M
18. David Schnittgar	49	26:49	8:39/M

	Age	Time	Pace
19. Rick Hilker	46	27:38	8:55/M
20. Dana Budd	47	30:45	9:55/M
21. Mark Jones	48	30:48	9:56/M
22. Jonathan E Schlatter	45	32:55	10:37/M
23. Brian H Hughes	45	35:54	11:35/M

Men 50 to 54

	Age	Time	Pace
1. Jed Pearson	50	19:35	6:19/M
2. Neil Tate	50	20:01	6:27/M
3. Fred Stoffel	51	21:10	6:50/M
4. Larry Holzinger	52	22:49	7:22/M
5. Jim Pickett	52	23:19	7:31/M
6. Joel Scharzen	54	24:13	7:49/M
7. Dan Borrer	50	25:16	8:09/M
8. Mike Wertenberger	52	25:21	8:11/M
9. James H Wright	54	25:23	8:11/M
10. Philip Lockwood	51	25:24	8:12/M
11. Michael Barman	52	25:58	8:23/M
12. Bob Fahl	53	26:05	8:25/M
13. Lynn E Armstrong	54	27:11	8:46/M

Men 55 to 59

	Age	Time	Pace
1. Bob Bruckner	56	21:21	6:53/M
2. David E Boylan	59	23:14	7:30/M
3. Jack Seigel	56	23:17	7:31/M
4. Kent C Ober	56	23:43	7:39/M
5. John Brier	57	24:55	8:02/M
6. Jon Ingleman	59	29:49	9:37/M

Men 60 to 64

	Age	Time	Pace
1. Freeman Hershberger	63	22:00	7:06/M
2. Tom Felger	62	22:59	7:25/M

Men 65 to 69

	Age	Time	Pace
1. Joe Ziegler	65	24:39	7:57/M
2. Robert C Loomis	68	25:26	8:12/M
3. Ronald Gill	65	30:08	9:43/M

Men 70 and over

	Age	Time	Pace
1. Don Anderson	74	25:33	8:15/M
2. James P Jones	73	43:05	13:54/M

Members Page

Print Design Copy



IMPACT
images

219.318.2553
fax **219.347.2521**
e-mail: printing@locl.net

880 N. Lima Road
Kendallville, IN 46755

RAYMOND JAMES

KEN SOHASKI
Financial Advisor

Raymond James & Associates, Inc.
Member New York Stock Exchange/SIPC
10315 Dupont Circle Drive West
Ft. Wayne, IN 46825
219-497-7711 * 800-487-6639 Toll Free
219-497-0606 Fax
ksohaski@35b.rjf.com

DR. HAL ATKINSON
DR. ANGIE KING
Gentle Family Dentistry & Orthodontics



NORTH OFFICE
9005 Lima Road
Fort Wayne, IN 46818
489-4090

SOUTH OFFICE
4111 Diplomat Plaza Center
Fort Wayne, IN 46806
447-5686

Lehman Investment Management Corporation

An Independent, Fee-Only Investment Adviser

Douglas M. Lehman, CFA, President
507 Sumac Field Court
Ballwin, MO 63021-5974

Client Toll-Free Phone: (866) 365-5462
Office Phone (636) 391-1866
Fax: (636) 391-1204
Home Phone: (636) 391-1480
Email: dmlimo507@yahoo.com



T-Shirts & Much More

Shirts for any occasion



- * Screenprinting
- * Embroidery
- * T-Shirts
- * Sweatshirts
- * Hats
- * Jackets
- * Team Uniforms
- * Polo shirts

Teresa Furniss

Phone & Fax

(219) 624 - 2851

* *Guaranteed lowest price*

* *Free Delivery*

* *Quick 7 day order processing*

FWO 2001 5k - October 14, 2001

Overall Female Winners

	Age	Time
1. Linda Keuneke	37	18:58
2. Darlene Barton	26	20:03

Women 14 and under

	Age	Time
1. Samantha Lee	14	20:37
2. Amanda Bok	13	22:16
3. Rachel Berry	13	23:31
4. Casy Johnson	12	25:32
5. Caroline Cooper	7	36:53

Women 15 to 19

	Age	Time
1. Amy Christman	17	28:41

Women 20 to 29

	Age	Time
1. Amy Gross	27	25:23
2. Laurie Richwine	25	32:11
3. Amanda Pierece	21	34:57

Women 30 to 39

	Age	Time
1. Amy Hollenberg	39	23:38
2. Ren Steury	38	25:27
3. Cheryl Kiel	37	26:49
4. Lori Brown	36	27:55
5. Shelley Chapman	34	27:59
6. Jean Siela	32	28:09
7. Linda McGinnis	32	28:53
8. Connie Gordon	39	29:23
9. Heather Reusberger	32	30:23
10. Nancy Burris	35	30:42
11. Jennifer Zink	32	32:22
12. Sharon Gall	35	33:08
13. Jody Bruster	39	33:17

Women 40 to 49

	Age	Time
1. Sonya Herber	40	29:14
2. Robin Barney	40	29:27
3. Denise Ramsey	41	31:33

Overall Male Winners

	Age	Time
1. Eric Ade	23	16:20
2. Jerry Williams Jr.	41	17:04

Men 14 & Under

	Age	Time
1. Ben Townsend	14	19:43
2. Casey Johnson	12	20:33
3. Michael Niezer	14	21:02
4. Galen Harden	12	21:08
5. Ross Pierce	12	29:01
6. Trent Cooper	10	32:11
7. Cody Haxton	8	46:43

Men 15 to 19

	Age	Time
1. Greg Ridenour	17	19:11
2. Joshua Hoffman	18	20:57
3. Justin Barman	17	21:14

	Age	Time
4. Jason Bivester	17	22:19
5. Jered Ganczak	17	23:36

Men 20 to 29

	Age	Time
1. Chris Dove	29	17:52
2. Jason Osborn	25	18:16
3. Adam Barton	24	18:28
4. Paul Richardson	29	19:07
5. David Shock	26	21:52
6. Wesley Cooper	24	23:58
7. Adam Case	28	25:54
8. Parry Leavell	27	27:58

Men 30 to 39

	Age	Time
1. Paul Furniss	34	17:22
2. Michael Schoudel	33	17:44
3. Michael Lewis	35	18:51
4. Paul E Knott	38	19:22
5. Joe Pais	36	19:31
6. David Swenson	39	19:38
7. Pete Amborn	35	19:53
8. Dan Martin	34	19:54
9. Jim Bougher	39	21:03
10. Thomas Wheeler	38	21:07
11. David Hill	39	21:42
12. Ron Working	35	24:01
13. Matt Notzger	30	24:26
14. Jim Berry	39	24:43
15. Gary Gordon	39	25:41
16. Steve Anderson	36	26:57
17. Alex Cooper	36	29:44
18. Andy Haxton	33	46:43

Men 40 to 49

	Age	Time
1. Scott Ecclestone	40	18:08
2. Tim Wheeler	40	21:58
3. David Geiger	40	22:28
4. Mark Ramsey	41	24:03
5. Darryl Cargo	40	26:44

Masters Category - Overall Female Winners

	Age	Time
1. Sue Fowler- Finn	47	22:03
2. Tamara Wright	43	25:05

Women 40 to 49

	Age	Time
1. Judith Ingleman	46	25:51
2. Peg North	46	29:36
3. Sally Thomas	48	29:37
4. Becky Laughlin	43	31:02
5. Dori A Meighan	43	31:43
6. Regina Blanchette	47	33:46
7. Sherry McClellan	46	36:08
8. Allison Weikel	44	38:05

FWO 2001 5k - October 14, 2001

Women 50 to 59

	Age	Time
1. Jennifer Collins	51	37:25

Overall Male Winners

	Age	Time
1. Doug Sundling	46	17:41
2. Daniel Green	46	18:53

Men 40 to 49

	Age	Time
1. John Treleaven	49	19:11
2. Jeff Taner	42	20:26
3. Howard J Klinger	47	20:34
4. Gordon Smith	49	20:43
5. James McKinnon	45	21:11
6. Jim Weide	49	21:56
7. Toby Jo Hullinger	42	22:07
8. Gregory Ridenour	47	22:40
9. Chuck Zumbrun	44	23:15
10. Gary Carpenter	44	23:34
11. Aaron Cox	48	24:44
12. Michael Rost	46	25:57
13. Jerry Cooper	42	26:33

Men 50 to 59

	Age	Time
1. Tom Fowler- Finn	53	19:21
2. James Scott	53	22:18
3. Bernie Burgette	58	22:33
4. Marvin Bok	51	24:42
5. Michael Barman	52	24:43
6. James H Wright	54	25:22
7. Jon Ingleman	59	25:33
8. Tom Fuelling	51	25:39
9. Jay Osborn	58	25:45
10. Donald Lindley	57	25:51

Men 60 & Over

	Age	Time
1. Tom Felger	61	22:16
2. Don Anderson	74	25:45
3. Michael Mettler	62	33:11

DUPONT 1 MILE - SEPT. 15, 2001

Andrew "Dude" Meyers, age 12, first place finish, time of 8:05

We apologize to the runners who ran the Dupont 5K race on Sept. 15 and did not receive age division awards. Due to the terrorist attacks on Sept. 11, it was difficult to stage the race on the 15th.

We decided to forego the awards and donate it to the disaster relief fund of the American red Cross. a check in the amount of \$500 was sent to Road Runners Club of America-Disaster Relief Fund on behalf of the Fort Wayne Track Club.

Rick Hilker and Don Lindley



Pumpkin Run 5K - October 27, 2001

Overall Female Winners

	Age	Time
1. Virginia Brammel	19	20:32

Women 10 and under

	Age	Time
1. Lauren Kirlin	10	26:18
2. Grace Burris	7	36:44
3. Sarah Bird	8	39:40

Women 11 to 15

	Age	Time
1. Amanda Bok	13	22:00
2. Jill Price	13	22:54
3. Whitney Scherdlski	11	24:45
4. Molly Getts	12	25:07
5. Ashley Harris	15	28:01
6. Alicia Ritzenthale	13	29:03
7. Jordon Smith	12	33:27
8. Tanalee Kelley	13	33:42
9. Donelle Kelley	13	39:49
10. Ayrten Hafer	11	54:36

Women 20 to 24

	Age	Time
1. Kelly Aldridge	21	20:38

Women 25 to 29

	Age	Time
1. Karen Shaheen	26	23:07
2. Heidi Kissner	29	24:21
3. Polly Grismore	29	24:36
4. Hollie Parker	28	25:26
5. Terri Fites	26	25:40
6. Mary Ann Donaldson	26	30:27
7. Tina Stinson	28	30:31
8. Jan Himmelein	28	31:26
9. Angela Oldham	27	32:19
10. Tiffany Smith	27	34:21
11. Ana Jimenez	27	34:50
12. Michelle Byrd	29	54:37

Women 30 to 34

	Age	Time
1. Jennifer Steigmeyer	31	22:05
2. Jennifer Garcia	32	23:40
3. Tammy Andrews	31	27:59
4. Chrisy Link	30	28:02
5. Debra Vecker	31	28:31
6. Chris Lewis	34	28:46
7. Karen Gillie	30	29:04
8. Sarah Dinius	30	29:30
9. Deanna Kissinger	33	30:32

Women 35 to 39

	Age	Time
1. Angela Minnefield	38	20:47
2. Martha Pale	36	25:21
3. Becky Ruble	38	25:37
4. Sue Steffy	35	27:14
5. Nancy Burris	35	36:45

Women 40 to 44

	Age	Time
1. Barb Price	42	23:43
2. Tamara Wright	43	24:27
3. Cathy Bryan	44	24:28
4. Colleen Incremona	40	24:31
5. Catherine Falvey	40	25:34
6. Sue Griggs	44	28:00
7. Renee Fenstermaker	44	28:21
8. Mary Ann Snow	41	29:13
9. Dori A Meighan	43	29:58
10. Tamzon O'Malley	42	31:43
11. Becky Laughlin	43	32:23
12. Betty Greider	40	34:17

Women 45 to 49

	Age	Time
1. Sue Fowler-Finn	47	21:53
2. Susan Markey	46	24:54
3. Karen Berggoetz	45	25:06
4. Linda MacKey	46	26:41
5. Paula Stemen	49	26:55
6. Judith Inglemen	46	27:08
7. Cheryl Kiel	46	27:20
8. Jane Sauero	46	29:11
9. Regina Blanchette	47	32:31
10. Marcia Kirlin	45	34:35

Women 55 to 59

	Age	Time
1. Barb Scrogam	55	25:33
2. Helen Twite	56	29:10
3. Darlene Garrett	55	46:44

Overall Male Winners

	Age	Time
1. Mike Cole	26	15:48

Male 10 & Under

	Age	Time
1. Jared Kelley	10	28:11
2. Michael Byrne	9	49:25

Male 11 - 15

	Age	Time
1. Ryan Waybright	13	19:08
2. Toran Fiene	14	19:09
3. Ben Timmis	14	19:45
4. John Wright	14	19:54
5. Shane Linker	14	23:37
6. Matthew Ritzenthale	11	24:09
7. Chris Myers	13	27:39
8. Patrick Timmis	12	27:51
9. Dane Buuck	14	31:56
10. Andy Ryan	11	44:19

Male 16 - 19

	Age	Time
1. Andy O'Connor	17	17:08
2. Jerid Stoffel	19	17:18
3. Jay Price	16	21:12

Pumpkin Run 5K - October 27, 2001

Men 20 to 24	Age	Time		Age	Time
1. Richard Harris	22	28:48	7. Tom Shearer	49	21:36
Men 25 to 29	Age	Time	8. John N Link	45	22:07
1. Chris Dove	29	17:26	9. Robert Snow	49	22:24
2. Michael Baldinger	25	18:11	10. John David McPherson	48	22:52
3. Tom Carpenter	29	20:16	11. Aaron Cox	48	23:34
4. Chris Dunmire	27	21:33	12. Craig Bobay	45	24:45
5. Jason Hazlett	28	23:38	13. Andrew Barry	49	25:29
6. Dan Grismore	29	24:35	14. Rickard Hilker	46	26:12
7. Tim Shearer	26	29:17	15. Gordon Stemen	48	26:47
Men 30 to 34	Age	Time	16. David Trenkner	45	27:52
1. Paul Furniss	34	17:04	17. Bob Harris	47	28:05
2. Anthony Juliano	45	22:57	18. Jay Hoffman	49	32:05
3. Troy McArthy	32	23:14	Men 50 to 54	Age	Time
4. Rick Mishler	30	24:25	1. Neil Tate	50	19:03
5. Brian Bartlett	33	25:17	2. Joe Hernandez	51	21:44
6. Michael Wolfe	32	26:46	3. Marvin Bok	51	23:03
7. John Dinius	34	29:50	4. Joel Schartzen	54	23:44
Men 35 to 39	Age	Time	5. James Wright	54	24:33
1. Paul Ceams	37	19:34	6. Herb Hernandez	53	24:39
2. Bill Bougher	37	21:41	7. Michael Barman	52	24:43
3. John Pale	37	24:06	8. Philip Lockwood	51	25:36
4. Doug McKinzie	36	24:36	9. Tom Fuelling	51	26:05
5. Tom Pintas	35	24:51	10. John Trenkner	51	26:52
6. Thomas Cleveland	39	26:07	11. Andy Candor	52	28:29
7. Darin McIntosh	35	26:11	Men 55 to 59	Age	Time
8. Mike Myers	38	27:48	1. Dewain Cobbs	59	21:21
Men 40 to 44	Age	Time	2. Ed Beckner	56	25:35
1. Jerry Williams Jr.	41	17:14	Men 60 to 64	Age	Time
2. Terry Diller	43	18:37	1. Tom Felger	62	21:39
3. Ben Rettig	41	19:24	2. Mike Fitzpatrick	61	25:31
4. Bryan Keister	42	19:41	Men 65 to 69	Age	Time
5. Kenneth King	43	20:28	1. Joe Ziegler	65	23:16
6. Toby Jo Hullinger	42	21:30	Men 70 and over	Age	Time
7. Chuck Zumbrun	44	22:23	1. Don Anderson	74	24:57
8. Charles Troyer	42	22:31	2. Dwayne Weeda	73	31:48
9. Steve Markley	40	24:34			
10. Dean Russ	44	24:47			
11. Bruce Essex	42	25:24			
12. Mark Thoma	43	25:39			
13. Darryl Cargo	40	26:07			
14. Joseph Ryan	40	27:04			
15. Jeff Rubee	44	31:24			
16. Bill Ryan	43	33:13			
17. David Thoms	42	33:53			
Men 45 to 49	Age	Time			
1. Doug Sundling	46	17:42			
2. Kim A Lefever	45	19:13			
3. Voyce Hartleroad	47	19:53			
4. James McKinnon	45	20:48			
5. Donald Kramer	47	21:16			
6. Thomas J Felts	47	21:34			

Jingle Bell Run 5k - Sat. Nov., 10, 2001

Male 10 & Under

Age	Name	Time
10	0-10 Beier, Joel	25:41
9	0-10 McManus, Billy	25:57
10	0-10 Lindquist, Andrew	29:17
6	0-10 McManus, Sean	34:09
7	0-10 Mohr, Evan	51:25

Male 11-15

Age	Name	Time
14	11-14 Waybright, Ryan	19:23
14	11-14 Horn, J.J.	19:28
14	11-14 Timmis, Ben	19:50
12	11-14 Bunnell, Loren	20:14
14	11-14 Wright, John	20:29
14	11-14 White, Mitchell	20:33
11	11-14 Fausey, Harrison	22:45
12	11-14 Kempf, Nicholas	22:45
11	11-14 Price, Grant	25:18
12	11-14 Kinder, Nathan	25:42
12	11-14 Timmis, Patrick	26:49
12	11-14 Smith, Jordan	30:43
13	11-14 Essex, Blake	50:57

Male 15-19

Age	Name	Time
18	15-19 Truex, Adam	16:23
16	15-19 Kempf, Chris	19:24
17	15-19 McComb, Adam	19:27
16	15-19 Grover, Adam	20:03
17	15-19 Braun, Daniel	21:13
18	15-19 Reinhard, Nathan	21:18
17	15-19 Barman, Justin	21:58
15	15-19 Milleman, Kyle	22:21
18	15-19 Shaw, Nicholas	60:58

Male 20-24

Age	Name	Time
21	20-24 *Shafer, Casey	15:59
23	20-24 Ade, Eric	16:13
20	20-24 Dillum, Rod	27:25

Male 25-29

Age	Name	Time
25	25-29 *Begley, Andrew	15:26
26	25-29 *Cole, Mike	15:47
28	25-29 Meade, Quincy	25:10

Male 30-34

Age	Name	Time
34	30-34 Furniss, Paul	17:17
33	30-34 Schoudel, Mike	0.725
30	30-34 Presley, Lance	20:54
30	30-34 Nofziger, Matt	24:19
31	30-34 Gillie, Sam	26:14
30	30-34 Lohman, Rob	27:32
31	30-34 Behrens, Karl	29:37
31	30-34 Meyer, John	30:01
32	30-34 Andrew, Tom	45:02

Male 35-39

Age	Name	Time
36	35-39 Sharp, Ron	16:07
37	35-39 Cearns, Paul	19:18
37	35-39 Jones, Gregg	24:59
37	35-39 Beier, Joe	25:43
37	35-39 McManus, Michael	25:59
38	35-39 Campbell, Scott	26:13
39	35-39 Gordon, Gary	26:14
37	35-39 Lindquist, Terry	29:18
	McIntosh, Darin	30:39
38	35-39 Smith, Michael	39:25

Male 40-44

Age	Name	Time
41	40-44 *Williams, Jerry	16:34
40	40-44 *Sanderson, Mark	16:44
40	40-44 Schlemmer, Chuck	16:51
40	40-44 Ferrier, Jim	19:07
43	40-44 King, Kenneth	
42	40-44 Hullinger, Toby	21:43
40	40-44 Geiger, David	22:23
44	40-44 Lauster, Chris	22:50
41	40-44 Ramsey, Mark	23:41
43	40-44 Lewis, Gary	24:42
43	40-44 Glaze, Scott	24:43
44	40-44 Russ, Dean	25:11
42	40-44 Essex, Bruce	27:03
40	40-44 Stone, Mike	28:17
44	40-44 Ruble, Jeff	31:08
40	40-44 Kemery, Jeff	36:19
41	40-44 Mohr, Mark	60:08

Male 45-49

Age	Name	Time
46	45-49 Sundling, Doug	0.75
49	45-49 Suelzer, Phil	19:01
49	45-49 Treleaven, John	19:33
49	45-49 Shearer, Tom	20:54
45	45-49 McKinnon, James	21:20
47	45-49 Patterson, Joe	22:10
47	45-49 Piropato, Len	22:27
45	45-49 Landis, Tom	22:29
47	45-49 Compton, Brad	23:36
45	45-49 Bobay, Craig	24:48
45	45-49 Miller, Brian	27:15
46	45-49 Hilker, Rick	27:17
47	45-49 Hannan Jr., Fred	28:25
46	45-49 Leininger, Gary	57:44

Male 50-54

Age	Name	Time
54	50-54 Stephenson, Rich	23:45
52	50-54 Wertenberger, Mike	24:53
52	50-54 Barman, Michael	25:40
52	50-54 Wilson, Ron	41:26
53	50-54 Archbold, Tom	51:20
51	50-54 Hakes, Jerry	51:22
50	50-54 Sanders, Ron	54:28

Jingle Bell Run 5k - Sat. Nov., 10, 2001

Male 55-59

Age	Name	Time
57	55-59 Brier, John	25:56
56	55-59 Orum, Scott	46:33

Male 60-64

Age	Name	Time
62	60-64 Felger, Tom	21:57

Male 70-74

Age	Name	Time
74	70+ Anderson, Don	25:52
73	70+ Jones, J.P.	39:25

Female Results

Female 10 & Under

Age	Name	Time
9	Glaze, Alycia	42:45
10	Wright, Sarah	48:17
10	0-10 Essex, Corrinne	51:24

Female 11 - 14

Age	Name	Time
14	11-14 Kempf, Amy	21:59
13	11-14 Price, Jill	22:10
13	11-14 Berry, Rachel	24:22
12	11-14 Kemory, Lindsay	28:20
11	11-14 Kelley, Jared	29:36
13	11-14 Kelley, T.	32:29
14	11-14 Kemery, Ashley	36:20

Female 15 - 19

Age	Name	Time
17	15-19 *Knuckles, Mandy	19:22
15	15-19 Linstamberg, Lisa	35:22
15	15-19 Eller, Brittney	35:23
19	15-19 Miller, Stephanie	60:43
18	15-19 Bireley, Jill	60:44

Female 20 - 24

Age	Name	Time
23	20-24 *Begley, Amy	16:24
22	20-24 Bermes, Angie	23:36
22	20-24 Standora, Michelle	24:58
24	20-24 Carroll, Kelly	35:32
24	20-24 Rankin, Allison	36:15
24	20-24 Gast, Jodi	45:32
24	20-24 Yoder, Dayna	45:44
22	20-24 Hicks, Megan	57:57

Female 25 - 29

Age	Name	Time
26	25-29 Shearer, Kimberly	24:08
28	25-29 Parker, Hollie	24:09
29	25-29 Kissnfor, Heidi	24:28
29	25-29 Michael, Michelle	26:49
29	25-29 Archbold, Amy	30:02
27	25-29 Bryan, Julianne	31:29
28	25-29 Berkshire, Amy	32:18
28	25-29 Hoffman, Lynn	35:34
29	25-29 Haskins, Pam	43:53
26	25-29 Birk, Lindy	43:54
27	25-29 Demopoulos, Maria	46:10

Female 30 - 34

Age	Name	Time
30	30-34 Behrens, Tammy	24:17
32	30-34 Andrews, Tammy	27:09
31	30-34 Chookie, Sarah	27:26

30	30-34 Dillon, Jennifer	29:21
30	30-34 Waterman, Courtney	29:48
33	30-34 Mallers, Patricia	30:38
32	30-34 Berkman, Jeanne	36:51

Female 35 - 39

Age	Name	Time
36	35-39 *Schowe, Diana	20:04
38	35-39 Kueneke, Linda	20:10
38	35-39 Ruble, Becky	24:56
35	35-39 Baldwin, Lisa	25:01
37	35-39 Knott, Kathy	28:33
39	35-39 Gordon, Connie	29:21
39	35-39 Werling, Jennifer	29:43
35	35-39 Jones, Lanette	31:31
39	35-39 Bruster, Judy	33:40

Female 40 - 44

Age	Name	Time
44	40-44 *Funkhouser, Betty	23:27
40	40-44 Incremona, Colleen	24:16
42	40-44 Price, Barb	24:27
43	40-44 Wright, Tamara	24:39
43	40-44 Bryan, Cathy	24:53
41	40-44 Kinder, Melinda	25:49
43	40-44 Creighton, Katie	26:21
41	40-44 Ramsey, Denise	29:23
42	40-44 Ellert, Julia	29:49
44	40-44 Fenstermaker, Renee	30:03
43	40-44 Laughlin, Becky	31:25
43	40-44 Meighan, Dori	31:59
42	40-44 Archbold, Kristi	39:34
42	40-44 Glaze, Melissa	42:47
42	40-44 Crilly, Beth	44:23
43	40-44 Orum, Tracee	46:33
41	40-44 Wright, Janice	48:18

Female 45 - 49

Age	Name	Time
47	45-49 *Fowler-Finn, Sue	21:53
47	45-49 Karr, Anne	26:15
46	45-49 Ingleman, Judy	27:25
46	45-49 Mackey, Linda	27:36
47	45-49 Blanchette, Regina	33:12
46	45-49 McManus, Mary	34:11
47	45-49 Boling, Kathy	42:40
48	45-49 Thomas, Jan	45:24
49	45-49 Byrian, Charlene	45:29
46	45-49 Huffman, Sandra	46:12
49	45-49 Hakes, Janet	51:14
49	45-49 Sanders, Karen	54:28
46	45-49 Leininger, Kay	57:43
45	45-49 Hicks, Melody	57:58
49	45-49 Bireley, Kathy	60:58

Female 50 - 54

51	50-54 Collins, Jennifer	33:29
51	50-54 Homan-Saylor, Lou Ann	42:43
50	50-54 Giant, Lynn	46:11

Female 55 over

58	55-60 Lamlight, Nancy	42:42
67	65-69 Mohr, Janet	60:06
75	70+ Beidred, Rachel	51:12

ATTENTION TRACK CLUB MEMBERS

Please notify Don Lindley either by email, phone, or post office when you move or change your address. The post office will not forward bulk mail, the Inside Track, or forward first class mail when they notify the post office change of address. It is costing the FWTC additional postage and cost for printing extras when newsletters have to be mailed again and the RRCA's FOOTNOTES quarterly newsletter, when address is incorrect.

Don's email address is:
lindleyd@fortwayne.infi.net
telephone: 219-432-5998 or
219-436-2234
or FWTC, PO Box 11703,
Fort Wayne, IN 46860-1703

Advertising Rates

	1 ISSUE	3 ISSUES	6 ISSUES
Full Page	\$75.00	\$200.00	\$325.00
Half Page	\$40.00	\$110.00	\$175.00
Quarter Page	\$25.00	\$65.00	\$100.00
Business Card	na	na	\$50.00
Cover (Inside front or back)	\$300.00	\$750.00	\$1200.00

Insert race Applications (Includes printing results)
 12X Entry fee, minimum \$35.00 (10X Entry fee paid in advance)
 Advertising must be supplied, camera ready art, or layout charges will be incurred.

All race applications must be supplied for insertion. Inside track publishes 450 issues bi-monthly.



FWTC NEWSLETTER
P.O. Box 11703
Fort Wayne, IN 46860

PRSR STD
U.S. POSTAGE
PAID
Ft. Wayne, IN
Permit No. 1799